

Men's Small Group Discussion Guide

Three Requirements for True Masculinity

Pete Burak - January 18th, 2024

Pete Burak is passionate about true masculinity. In this talk Pete talks about how true men live authentic masculinity. He gives three “non-negotiables” for the Christian man: (1) daily silence with God, (2) Christian community, and (3) the Holy Spirit.

1. Pete told a story about playing on the University of Michigan basketball team. Sitting on the bench at one game, Pete recounts how the coach almost asked him to play. In that moment Pete was afraid. He preferred to stay on the sidelines. When it comes to faith, where are you afraid to “get in the game” and publicly witness to the Lord?


Reference: 1-10 minutes

2. At the center of Christianity is a radical claim: Humanity is dead without the saving love of God. Without the sacrifice of Christ on the cross, we are “sons of wrath.” No matter where we are in our faith, the Lord asks us to take the next step. What is the next step for you?

Reference: 10-15 minutes

3. Pete challenges us to take daily time for silence. At FORGE we talk about the importance of “bookends,” or intentional time at the start and end of every day to pray. Do you regularly take time of stillness with God? If not, what do you need to do to start incorporating silence in your life?

Reference: 15-20 minutes



4. Pete's second non-negotiable is community. Men cannot thrive as Christians alone. You need community. How is your Christian community right now? What is your next step to make it better?

Reference: 20-24 minutes

5. When it comes to raising children, Pete says it is critical to have other parents to give a witness to your kids. Kids are best raised in a community of like-minded Christians. Does Pete's story of his 16th birthday resonate with you? Do you have a group of parents at your side to help you raise your kids?

Reference: 24-26 Minutes

6. Pete's 3rd non-negotiable is that Christian men must be filled with the Holy Spirit. He meditates on Matthew 28, "The Great Commission." What role does the Holy Spirit play in your life? Pete says that repentance is critical to receive the Holy Spirit. What is the foremost thing in your life that you need to repent of right now?

Reference: 26 - 33 Minutes